

S

M

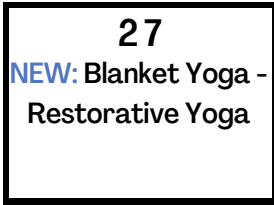
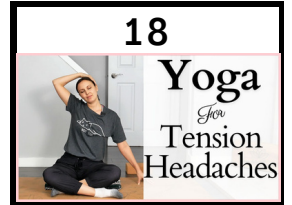
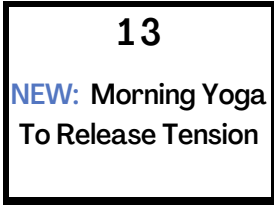
T


W

T

F

S



Subscribe to Yoga with Rachel and Click on the Notification Bell  to notify you of NEW yoga & wellness content!

**UPLOAD TIME: Monday's at 6AM EST**